

Football Development Programme

Technical summary

The programme will include the following topics within our syllabus
Defending, Receiving and Control, Passing, Shooting / Finishing,
Crossing and Finishing, dribbling, Turning, Running with the ball and Heading.

It is the clubs intention to create a safe environment where players can be educated technically, tactically, physically, mentally and socially.

- Players will be encouraged to problem solve and not become coach dependent by experimenting with their own decisions.
- Players will participate in games and training session with coaches using varied styles and methods.
- Players will be challenged technically.
- Players will be challenged tactically.
- Players will be active in sessions and games that range from 1 v 1 then to 5 v 5 and 7 v 7 in mini soccer and 9 V 9 or 11 v 11 league game when old enough.
- Players, families and coaches are encouraged to work with each other as a team to ensure the programme meets the needs of individuals and of the group.
- Players will experience a variety of positions and have the opportunity to express themselves using various systems of play, and tactics. Players will be encouraged to discuss their opinions and thoughts and share them with others in the group.
- Players, coaches, staff and club supporters must ensure the environment is enjoyable to play in and not be afraid to make mistakes. They should show enthusiasm, be open minded, encouraging and supportive throughout each other's development.
- The programme should encourage all players to become highly motivated and creative individuals and be inspired to have a go and work as hard as you can, don't give up on any ambitions, dreams or personal targets that are achievable without trying first.